

CRK Training Times

Bits of News for Horse People

June 2007

Summer is Here!

Summer At Last~

I'm sure that's what all the kids are thinking. The parents out there might not feel quite the same way. But it's here anyway so here are some summer things to consider...

Vacations- If you will be taking vacation time this summer be sure to let us know as early as possible. Vacation requests must be made in writing. Vacation request forms are available in the tack room or you may just write it out on a piece of paper and place it in the mailbox.

Proper, timely notice will save on paper/computer work and ensure that your account is charged properly. Remember, you are entitled to 4 weeks of vacation credit every year. That means you will not be charged for those lessons and we will keep your lesson time for you when you return.

Summer Camp- If you will be changing from your regular lesson schedule to attend camp, please let us know ahead of time. That way we can use the lesson time for someone else and you won't get charged for it. **Heat-**

Lessons are not cancelled due to heat. Therefore; dress in light colored clothing, bring water and wear sun screen. A hat for pre-ride time is also very helpful. If you feel you must cancel your lesson due to the heat, you will only receive a make-up if you give us 24 hours notice.

Lessons- Our normal lesson schedule may be altered during camp sessions. You will be given plenty of notice if your lesson time is changed. If you normally have lessons on weekday mornings, you may need to reschedule during the last 3 weeks of July and first 3 weeks of August.

Horse Keeping Hints~

Those of you with your own horses, remember that they salt even more during the hot summer months. If your horse doesn't have salt now, buy a small block of plain (white) salt for his feeder. If he eats it within one week, buy another one. If he eats that one as quickly, you may need to supplement daily instead of giving him free choice salt.

Most horses do well adjusting their own salt intake, but some will eat anything you put in front of them. Horses can overdo it with salt and make themselves sick. Not to mention that excessive salt intake will cause excessive drinking. That will lead to excessive urination and very wet stalls. So keep an eye on your horses salt intake. A little is good and necessary but, as with everything else, you can get too much of a good thing.

Important June Dates~

6/1- No Lessons
6/2- No Lessons
6/10- OPA Show
6/17- Fathers Day
YLCR Show
6/24- ETI #6 Show

Important July Dates~

July 4- Holiday, No Lessons
July 8- CRK Highpoint Show
July 15- ETI Schooling Show
July 16- Camp W k#1
July 22- YLCR Show
July 23- Camp Wk #2
July 30- Camp Wk #3

No Lesson Days~

There will be no lessons or horse training on Fri. 5/25, Thurs. 5/31, Fri. 6/1, and Sat. 6/2. Steve will be here to take care of the horses during Cheryl's absence. Your account has been adjusted to reflect the change. Please make a note of it. Thank You!

CRK Horse Show~

Entries are now being accepted for the May 27, 2007 CRK Schooling Show. This is a practice show and does not count toward year-end awards, which makes this the perfect one to try out and see how much fun it is. The show class list & entry forms were included in the last newsletter. Cheryl has more if you lost yours. Remember, horses are reserved on a first come-first served basis, so enter today.

This show may be cancelled due to lack of entries. If you want to enter the show, please do so soon. Entries must be received by Thursday to receive discount pricing. Also, we will determine if the show will run by the number of entries we have by that day.

2007 Summer Camp~

CRK Training Stable is offering **FULL DAY** Summer Horse Camp for youth and adults. This is a drastic change from our previous program. Our new, expanded program will include classes such as: **RIDING, HORSE CARE, SHOWMANSHIP, HORSE SCIENCE, ANIMAL SCIENCE, and ARTS & CRAFTS**. This camp is excellent for all experience levels as campers are separated into groups according to their skills. Advanced riders will be working on new skills or improving on old ones such as... **SHOWMANSHIP, EQUITATION PATTERNS, TRAIL OBSTACLES & JUMPING**. Horses are available or you may bring your own.

Camp fees include a Camp T-shirt*, backpack*, up to 2 hours daily of hands-on horse time, study packet*, craft materials & board for your horse or use of a camp horse.

(*limit one per person)

Camp dates & hours are:

Wk #1- 7/16-7/20 Wk #2- 7/23-7/27
Wk #3- 7/30-8/3 Wk #4- 8/6-8/10
Wk #5- 8/13-8/17 Wk #6- 8/20-8/24
Mon. - Fri. 9:00 A.M.-3:00 P.M.

Camp Rates- 1st wk \$380.00, 2 wks \$720.00, 3 or more weeks \$350.00 per wk.

To reserve your space for camp please complete a reservation form and return it with a \$100.00 non-refundable deposit per week of camp. Registration forms are available on our web site or contact Cheryl. Spaces are limited so sign up today!

Summer Camp Help~

CRK Stable will be offering volunteer and paid positions for summer camp 2007. Camp staff is needed to work July 9- Aug. 24. Work days are Monday-Friday 8:30-3:00.

Camp staff will help groom, and saddle horses, teach classes or riding and supervise campers during lunch. Staff positions assigned depending on experience.

You must be 16 yrs. or older for a paid position. Horse/riding instructors must be 18 or older. Volunteers must be 13 or older. Volunteers may receive a discount on the last week of camp, if space is available. See Cheryl for information.

Pictures Anyone?

Does anyone out there have some great pictures of the ranch, yourselves & your horse, or anything that might be fun to put on our website? If you have some pics that you would let us use, please give them to Cheryl or email them to JDS Paint Horses. (They have a link from our website). Just let Diana know that they are for the CRK website. If you want to include a description, that would be wonderful. Thanks!
Cheryl & Steve

Questions That Haunt Me ~

Can you cry under water?

How important does a person have to be before they are considered assassinated instead of just murdered?

Why do you have to "put your two cents in".. but it's only a "penny for your thoughts"?
Where's that extra penny going to?

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

Why does a round pizza come in a square box?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they "slept like a baby" when babies wake up like every two hours?

If a deaf person has to go to court, is it still called a hearing?

Why are you IN a movie, but you're ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Why do doctors leave the room while you change? They're going to see you naked anyway.

Why is "bra" singular and "panties" plural?

Why do toasters always have a setting that burns the toast to a horrible crisp, which no decent human being would eat?

Can a hearse carrying a corpse drive in the carpool lane ?

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?

Why does Goofy stand erect while Pluto remains on all fours? They're both dogs!

If Wile E. Coyote had enough money to buy all that ACME stuff, why didn't he just buy dinner?
If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

If electricity comes from electrons, does morality come from morons?

Do the Alphabet song and Twinkle, Twinkle Little Star have the same tune?

Why did you just try singing the two songs above?

Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him for a car ride, he sticks his head out the window?

How to Stay Young~

1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay "them"
2. Keep only cheerful friends. The grouches pull you down.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable ,improve it. If it is beyond what you can improve, get help.
- 9 Don't take guilt trips. Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is.
- 10.Tell the people you love that you love them, at every opportunity.

George Carlin

Quotable Quotes~

"When you are on a great horse, you have the best seat you will ever have."

--Sir Winston Churchill

That's All For Now~

We hope you have enjoyed this newsletter. If you have any questions, comments or additions please contact Cheryl directly. She may be contacted (714-693-4886 or CRKStable@aol.com

Web Site: www.CRKTrainingstable.com

That's all folks!